



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2015

Sporting Excellence in Karate

National Level

Rosie Carr

This is to certify that Rosie Carr has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Rosie competed at National Championships throughout England in 2015 winning the medals and titles listed below:-

Championship Success - 1 Gold 1 Silver 6 Bronze

Yorkshire Open Championships - 22nd February, Barnsley

Bronze - Team Kata

Shindo Kai Junior Championships - 22nd March, Barnsley

Bronze - Individual Kata

Bronze - Pairs Kata

Shindo Kai Kata Championships - 28th June, Barnsley

Bronze - Individual Kata

Bronze - Pairs Kata

East Yorkshire Open Championships - 27th September, Hull

Silver - Team Kata

Bronze - Pairs Kata

Shindo Kai National Championships - 15th November, Barnsley

Gold - Individual Kumite



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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Congratulations on your sporting achievements throughout 2015. Well done Rosie.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy



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